

Dear BHACA Community,

Happy 60th anniversary to the BHACA blast – and a big thank you to all of our readers from issues #1 to #60!

BHACA Blast #60 Headlines:

While you are grabbing that lunch at your desk!!! A recording of BHACA's most recent event, "Addressing Substance Use Disorders in Primary Care: A New Frontier in Integrated Health Care," is available online at <http://www.nbhp.org/addressing-substance-use-disorders-in-primary-care.html>. While CEUs are no longer available, we encourage you to view the excellent hour-long presentation by Dr. Kowalchuk.

All the best,

The BHACA Team

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NBHP website – www.nbhp.org

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BHACA: Integrated Health Care (IHC)

- ***Webinar – Creating a Culture of Wellness: A 360 Degree View***

Date & Time: Wednesday, May 4, 1:30 – 3:00 PM Central time

To Register: [Click here](#)

Organizer: SAMHSA-HRSA Center for Integrated Health Solutions

Presenters: Linda Ligenza, LCSW, Clinical Services Director, National Council for Behavioral Health; Anthony J. Salerno, PhD, Integrated Care Consultant, SAMHSA-HRSA Center for Integrated Health Solutions, National Council for Behavioral Health; SAMHSA PBHCI Grantee

Description:

Achieving health and wellness calls for a focus on integrated care, but is your organization truly incorporating health and wellness into everything you do? Join this webinar to learn how to use a self-assessment tool to increase your organization's awareness of the key components of a wellness-focused culture. Learn how to engage in a reflective process to identify what you should keep doing, stop doing, and start doing to truly have a culture of wellness, and hear from a SAMHSA Primary and Behavioral Health Care Integration (PBHCI) grantee who has used this tool to assess and implement wellness across their agency. After this webinar, participants will:

- Understand the definition of a "culture of wellness" and SAMHSA's eight dimensions of wellness.
- Learn how to use the Culture of Wellness assessment tool to identify your organization's degree of wellness.

- Gain practical strategies to implement a system wide approach to wellness within your organization.
- ***Webinar – Brief Interventions for Anxiety in Primary Care Behavioral Health***
Date & Time: Wednesday, May 11, 12:00 PM Central time
To Register: [Click here](#)
Organizer: Collaborative Family Healthcare Association
Presenter: Robyn L. Shepardson, PhD, Clinical Research Psychologist, VA VISN 2 Center for Integrated Healthcare
Description:
 Anxiety is prevalent and burdensome among primary care patients. Although there are many effective anxiety interventions of longer formats for use in specialty mental health settings, it can be challenging for Behavioral Health Consultants to translate these interventions to fit the scope and format of Primary Care Behavioral Health (PCBH). This presentation is designed to increase clinicians' knowledge and skills regarding evidence-based interventions for anxiety that can be adapted for use in PCBH. The presenter will provide an overview and demonstration of a variety of brief interventions, including psycho-education, relaxation training, acceptance and mindfulness-based techniques, cognitive reframing, exposure, and behavioral activation, and also highlight resources (e.g., handouts, apps) available to enhance clinical practice in PCBH.
 - ***New Report – Meeting the Challenge: Behavioral Health Integration in Primary Care*** – The latest in the ROOTS series of reports from the Jewish Healthcare Foundation and the Pittsburgh Regional Health Initiative (PRHI), this report describes the practice redesign, reimbursement, and patient engagement strategies needed to deliver integrated physical and behavioral health services in primary care. Based on six years of implementation experience by PRHI and various health centers, the report includes sections on successful models, implementing those models, breaking barriers, and sustaining integrated care. For a PDF of the report, please [click here](#). For a list of and links to previous ROOTS reports, please [click here](#).
 - ***Integrated Health Care at the Texas Primary Care and Health Home Summit*** – The 4th Annual Texas Primary Care and Health Home Summit will take place **June 9 & 10 in Houston**. The following sessions on integrated health care will be offered at the summit:
 - **Developing Integrated Practice, Programs and Systems in Texas** – Ken Minkoff, MD, and Michelle Guzman, PhD, Meadows Mental Health Policy Institute
 - **The Many Faces of Integration: Meeting the Needs of the Whole Person** – Stacy Ogbeide, PsyD, Inez Cruz, PhD, and Carolina Schlenker, MD, University of Texas Health Science Center San Antonio
 - **Texas Medicaid and Behavioral Health Integration: Lessons Learned** – Emilie Becker, MD, Texas Medicaid and CHIP
 - **Collaborating Across Disciplines, Departments and Across Houston: Screening for and Addressing Post-partum Depression** – Stephanie

Marton, MD, Jill Roth, MD, Stephanie Chapman, PhD, Arlene Gordon-Hollingsworth, PhD, Baylor College of Medicine

For more information or to register, please [click here](#).

BHACA: Choosing a Certified Electronic Health Record System

- ***EHRs may be inadequate in capturing mental health diagnosis, study finds:*** The diagnoses of 27.3 percent of patients with depression and 27.7 percent of patients with bipolar disorder were missing from their primary care electronic health records, a study published in the Journal of the American Medical Informatics Association has found. These behavioral health patients had an average of three to eight visits during the year both at the EHR site and outside the site. But despite these high numbers, the data from the encounters were underreported. To view, please [click here](#).
- ***ONC offers 4 ways to build better EHR comparison shopping tools:*** The Office of the National Coordinator for Health IT put forth its suggestions for helping hospitals, physicians and other care providers make more informed decisions about the technologies they buy in a report to Congress. "As the variety of health IT products increases, health IT comparison tools will become increasingly critical to the provider community in the near future," said ONC in its "[Report on the Feasibility of Mechanisms to Assist Providers in Comparing and Selecting Certified EHR Technology Products](#)." To view, please [click here](#).
- ***Reminder – Webinar – Security vs. Compliance: What Every Healthcare Executive Needs to Know***
Presented by: Healthcare IT News
Date & Time: Thursday, April 28, 2016, 2:00pm Central time
To Register: [Click here](#)
Description: HIPAA serves as a guide to healthcare organizations in keeping their patient data private and secure; however, it is extensive and broad and requires a working knowledge to ensure proper compliance. Additionally, compliance does not necessarily mean security. What can an organization do to ensure it meets the compliance requirements of HIPAA, as well as build a comprehensive approach to securing data? Join this webinar to learn how other healthcare executives have managed to successfully tackle this critical priority, including practical examples from a healthcare organization CISO. During this webinar, you'll learn to identify the difference between HIPAA security and compliance, discuss some of the challenges healthcare security professionals currently face in protecting their organization against the countless threats that exist today, and describe best practices utilized, as well as tools and resources available to assist in achieving HIPAA compliance.

BHACA: Maximizing Third Party Funding Streams Revenue—Resources Related to Insurance Billing and Credentialing

- ***Webinar – Improving the Predictability of Healthcare Payments Using CMS Standards***

Presented by: Healthcare Payer News

Date & Time: On Demand

To Register: [Click here](#)

Description: Accurately predicting future healthcare payment liabilities is crucial for the financial success of healthcare payers or at-risk provider entities. Using Medicare payment policies and methodologies is a proven contracting approach enabling highly accurate, prospective cost modeling. Poorly anticipated fluctuations in expenses generate unsustainable risk, jeopardizing cash flow and financial stability. Learn how utilizing a Medicare baseline provides a straightforward, replicable model for estimating future expenditures with high accuracy.

- **MACRA-economics 101: Prepare today for tomorrow's outcomes:** Starting in 2019, Centers for Medicare & Medicaid Services will change how they pay physicians in a profound way. Unfortunately, the details are complicated and confusing, and many of the particulars have yet to be worked out, which has led many healthcare leaders to glaze over the details and focus on more immediate concerns. However, disengagement is a strategic mistake because while the Medicare Access & CHIP Reauthorization Act of 2015, or MACRA, details are intricate, the outline is clear. Providers and healthcare organizations must begin now to prepare for advanced value-based care models to maximize the benefits from MACRA. To view, please [click here](#).
- **ICD-10: Providers can recoup millions of dollars in lost revenue by analyzing claims denials, data scientist says:** If claims are the lifeblood of providers' operations, then denials are a virus that threatens their financial health. That means understanding the reason why claims get rejected, especially with the ultra-granularity of ICD-10, is paramount. Tracy Dean, business office director for OrthoTexas Physicians and Surgeons, said that since the transition her organization does not assume any denial is a one-time, isolated event. To view, please [click here](#).

BHACA: Outcome-Based Evaluation

- **Webinar – How to Register for the 2016 PQRS Group Practice Reporting Option Call**
Presented by: MLN Connects
Date & Time: Wednesday, May 4, 2016, 2:00pm Central time
To Register: [Click here](#)
Description: This call gives a walkthrough of the Physician Value - Physician Quality Reporting System (PV-PQRS) Registration System, an application that serves the PQRS and Value-Based Payment Modifier (Value Modifier) programs. Learn how to meet the satisfactory reporting criteria through the PQRS Group Reporting Option (GPRO), avoid the CY 2018 PQRS payment adjustment, and CY 2018 Value Modifier automatic downward payment adjustment. A question and answer session follows the presentation.
- **ODH, IBM Watson partner for behavioral health population management platform:** IBM Watson and ODH Inc., a behavioral health analytics company, have launched a population health management platform specifically for

behavioral health organizations. The platform, dubbed Mentrics, will gather and combine behavioral and physical medical services and prescription claims data from Watson Health Cloud. The tool will help create a more accurate profile of behavioral health patients and identify any gaps in care, the vendors said. To view, please [click here](#).

- ***Performance Measurement for 21st Century Payment:*** A new draft white paper from the Health Care Payment Learning & Action Network’s Population-Based Payment (PBP) Work Group, entitled [Accelerating and Aligning Population-Based Payment Models: Performance Measurement](#), is grounded in the notion that payers, providers, purchasers, and patients should be collectively accountable for ensuring that the health care system delivers the highest possible value. The paper offers a way forward that could lead to radical change in how performance is measured across the board in order to enable effective population-based payments. To that end, the paper makes strong recommendations for immediate action steps, describing four key performance measurement principles and seven recommendations for building and sustaining a performance measurement system that supports and encourages collaboration among stakeholders. To view, please [click here](#).

BHACA: Additional Items of General Interest

- ***Unique Opportunity in Houston – Broadband Prescriptions for Mental Health: A Policy Conference***

Date & Time: Wednesday, May 18, 8:30 AM Central time

Location: Bates Law Building, University of Houston Law Center, 4604 Calhoun Rd., Houston, TX 77204-6060

Description: The **Federal Communications Commission’s Connect2Health Task Force** will travel to Houston, Texas to **highlight how broadband-enabled health technologies can improve access to mental health care and to discuss associated policy issues**. Hosted by the University of Houston Law Center’s Health Law & Policy Institute, Broadband Prescriptions for Mental Health will explore how connected environments can be used to improve mental health and will spotlight the University of Texas Rio Grande Valley School of Medicine’s efforts in this area.

The event is part of the **Connect2HealthFCC Task Force’s “Beyond the Beltway Series”** to reach out broadly about the transformative power of broadband technologies and next-generation communications services to improve access to health and care services throughout the country, especially in rural and underserved areas. The Task Force has held previous Beyond the Beltway events in Charlottesville, Virginia; Jackson and Ruleville, Mississippi; Miami and Jacksonville, Florida; Cleveland, Ohio; and Detroit, Michigan.

The conference will feature FCC Commissioner Mignon Clyburn; University of Houston Law Center Dean Leonard M. Baynes; Former Astronaut and CEO of Vesalius Ventures Dr. Bernard A. Harris, Jr.; University of Texas Rio Grande Valley School of Medicine Dean Francisco Fernandez; and the Connect2HealthFCC Task Force, among others. Topics and demonstrations will include the role of broadband-enabled mental

health solutions in providing greater access for underserved communities, the impact of connected environments on behavioral health and social isolation, other cutting-edge applications in telepsychiatry, and more.

For More Information & Registration: See the [FCC event page](#) and [UH Law Ctr. event page](#).

About BHACA: The Behavioral Health Affordable Care Act (BHACA) Initiative is a major collaborative endeavor of the Network of Behavioral Health Providers (NBHP) and Mental Health America of Greater Houston (MHA) designed to support Greater Houston area mental health and substance use providers in responding to the Patient Protection and Affordable Care Act and other recent healthcare reforms across four domains: (1) enhancing and increasing the delivery of integrated health care (IHC), (2) maximizing third party funding streams revenue, (3) adopting certified electronic health record (EHR) systems, and (4) developing outcome-based evaluations. The BHACA Initiative is generously funded by Houston Endowment Inc., The Meadows Foundation, the United Way of Greater Houston Community Response Fund, and the Rockwell Fund.