

Dear BHACA Community,

**BHACA Blast #44 Headlines:**

**We are thrilled to announce that United Way of Greater Houston and Houston Endowment, Inc., have provided generous funding for BHACA Year 3. We are grateful for all their support throughout the BHACA journey.**

**On the BHACA Blog:** This summer, Oregon made integrated health care the law. Notably, for the first time, Oregon Senate Bill 832 defined “integrated health care” and “behavioral health homes” in the statutes, building a foundation upon which to integrate finances across their state’s healthcare system. In the blog post, BHACA staff outline opportunities to move Texas in that same direction. Read more: <http://bhacablog.weebly.com/blog/oregon-signs-integrated-health-care-into-law>.

**Only 5 spots remaining! Monday, September 21: Billing, Collecting and Credentialing Class—ONLY OFFERING THIS FALL IN HOUSTON**

**Title:** Billing, Collecting and Credentialing for Behavioral Health

**Location:** Mental Health America of Greater Houston (2211 Norfolk, Suite 810)

**Date & Time:** Monday, September 21, 2015, 8:30am to 4:45pm (registration opens at 8:00am)

**General tuition for non-member participants:** \$100 (includes CEUs if desired)

**Discounted tuition for NBHP member agency employees:** \$70 (includes CEUs if desired)

**Honoring Our Collaborators:** Thanks to Beacon Health Options, United Healthcare, and The Council on Recovery for working with the BHACA team to make this training possible!

**Reserve your spot:** <http://bit.ly/BillingSeptember>

**Learn more about this training:** <http://www.nbhp.org/behavioral-health-billing-in-houston.html>

**Our sincere thanks to Krystal Lau, MS, Bioscience and Health Policy, Rice University, whom we have been so fortunate have on the BHACA team as an intern and colleague from June to September of this year.** Krystal’s aptitudes and attitude have been invaluable, and she has made exceptional contributions to our work, as evidenced, for example, by some 100 pages of graphs and analysis representing BHACA project evaluation. As planned, next week will be Krystal’s last with us, before she hops the pond to pursue her PhD in Health Management at Imperial College in London. Please join us in thanking Krystal for her contributions to the BHACA community.

A final note from Krystal, “Working with BHACA has shown me real behavioral healthcare issues affecting the United States and has inspired me to bring behavioral health to the front of my research agenda. In light of this internship, I now plan to incorporate studies on whether the United Kingdom faces similar behavioral health concerns, specifically regarding frequent emergency re-admissions, and how it addresses them into my PhD research.”

## **BHACA Blast #45 Featured Outcome Measure: *The Modified Checklist for Autism in Toddlers (M-CHAT)***

The BHACA Team

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NBHP website – [www.nbhp.org](http://www.nbhp.org)

MHA website – [www.mhahouston.org](http://www.mhahouston.org)

### **BHACA: Integrated Health Care (IHC)**

- ***Happy National Recovery Month!*** For information and resources on National Recovery Month from SAMHSA, please [click here](#).
- ***“Making Together Work” – Collaborative Systems-Change Initiative on Financing IHC and Preparing Providers for IHC*** – Mental Health America of Greater Houston has launched a collaborative systems-change initiative focused on financing integrated health care and preparing providers for integrated health care. **To learn more about the initiative and view a recording and PowerPoint from the kick-off event last month, please [click here](#).**

**We are now actively forming workgroups to focus on each of the two issues. If you are interested in participating in either workgroup, you may RSVP for the initial workgroup meetings by [clicking here](#) for the provider preparation workgroup (October 2) and [clicking here](#) for the financing workgroup (October 7). A call-in option will be available for those who cannot attend in person.** If you are interested in participating but cannot attend the initial meeting(s), or if you would like to learn more, please contact Alejandra Posada at [aposada@mhahouston.org](mailto:aposada@mhahouston.org).

- ***New Edition of eSolutions – From Referral to Recovery: Connecting HIV and Behavioral Health Care*** – The latest edition of the SAMHSA-HRSA Center for Integrated Health Solutions’ online newsletter, *eSolutions*, focuses on integrating behavioral health care with HIV care. As always, other information and resources are included as well. To read the newsletter, [click here](#).
- ***Hot off the Presses! – Special Issue of the Journal of the American Board of Family Medicine Focuses on Integrated Health Care*** – The September/October issue of the *Journal of the American Board of Family Medicine* focuses exclusively on integrated health care. Articles include the following:

- Understanding Care Integration from the Ground Up: Five Organizing Constructs that Shape Integrated Practices
- Integrating Behavioral Health and Primary Care: Consulting, Coordinating, and Collaborating Among Professionals
- Clinician Staffing, Scheduling, and Engagement Strategies Among Primary Care Practices Delivering Integrated Care
- Preparing the Workforce for Behavioral Health and Primary Care Integration
- Designing Clinical Space for the Delivery of Integrated Behavioral Health and Primary Care
- Electronic Health Record Challenges, Workarounds, and Solutions Observed in Practices Integrating Behavioral Health and Primary Care
- REACH of Interventions Integrating Primary Care and Behavioral Health
- Start-Up and Ongoing Practice Expenses of Behavioral Health and Primary Care Integration Interventions in the Advancing Care Together (ACT) Program

All articles in the issue can be found [here](#). Enjoy!

- ***Especially for those from primary care and mental health, please consider supporting our friends in substance use recovery services at the “Big Texas Rally for Recovery.”***

**About:** For the first time ever, Houston is hosting the Big Texas Rally for Recovery!

**Date:** Sunday, September 27

**Time(s)/Agenda:**

9:30am-11:00am – Rally Entertainment

11:00am-12:30pm – Rally Begins!

Keynote Speaker: Mackenzie Phillips

12:30pm-2:30pm – Rally Entertainment

**Location:** The Rally will be held at the Reflection Pool in front of City Hall, Downtown Houston (901 Bagby, Houston, TX 77002).

**Learn more:** <http://www.houstonrecoveryinitiative.org/general-information/>

- ***Healthcare Integration in the Era of the Affordable Care Act – Report from the Association for Behavioral Health and Wellness*** – This new report discusses ways in which managed behavioral healthcare organizations (MBHOs) are supporting integrated care. It may be of interest to those wanting to learn more about payers’ role in IHC. To access the report, please [click here](#).
- ***Webinar – Counseling Clients with Co-Occurring Disorders***  
**Date & Time:** Wednesday, September 23, 2:00 – 3:30 PM Central time (1:00 – 2:30 PM Mountain time)  
**Presenting Organization:** NAADAC, The Association for Addiction Professionals  
**For More Information & to Register:** [Click here](#)  
**Description:**  
 This free webinar will introduce the learner to the ideas and concepts behind both diagnosing and treating people with co-occurring disorders. Through understanding both the assessment and diagnosis of substance use dependency as well as mental health disorders, the learner will be better able to provide effective treatment to the millions of clients struggling with co-occurring disorders. While using concepts from

family systems theory, the learner will be able to look at the whole person they are treating, not just one aspect.

- **Reminder – Webinar from the Collaborative Family Healthcare Association (CFHA) – “Program Evaluation and Integrated Care: When Two Fields Merge, Everyone Wins!”**

**Date & Time:** Wednesday, September 23, 12:00 PM Central time

**To Register:** [Click here](#)

**Presenter:** Beth A. Nolan, PhD, Director of Research, Positive Approach to Care

**Description:**

Whether you work as a clinician or administrator, many of us are being asked to incorporate program evaluation into regular practice. This webinar will examine the opportunities the field of program evaluation can afford your integration efforts. It is intended for a beginner-intermediate audience, who may not have any previous experience with program evaluation. By the end of the webinar, participants will:

- Understand the basic structure of program evaluation (formative evaluation, summative evaluation) and the utility and importance of process measures, outcome measures, and impact measures; and be able to give examples of measures for each.
- Be able to describe similarities and differences of program evaluation, experimental research, and quality improvement.
- Be able to take offered resources to begin to layout and execute their own plan to evaluate their integration programs.

### **BHACA: Choosing a Certified Electronic Health Record System**

- ***An Invaluable Resource for Behavioral Health Providers Shopping for EHRs – the 2015 EHR Satisfaction Survey:*** How satisfied are you with your EHR? In *Healthcare IT News'* first annual EHR Satisfaction Survey, they asked their readers to rank their vendors across nine different metrics, from user experience to interoperability. Read more: [click here](#).
- ***What to expect from Stage 3 meaningful use:*** “Stage 3 of meaningful use is shaping up to be the most challenging and detailed level yet for healthcare providers. Among the elements that warrant attention are quality reporting, clinical decision support and security risk analysis.” Read more: [click here](#).
- ***Stage 2 meaningful use an ongoing challenge:*** “As Washington looks eagerly toward Stage 3 meaningful use, many providers are still working toward Stage 2. Despite disappointing attestation numbers in 2014, and widespread complaints about its challenging criteria, more and more are getting close to the finish line.” Read more: [click here](#).

### **BHACA: Maximizing Third Party Funding Streams Revenue—Resources Related to Insurance Billing and Credentialing**

- ***Welcome to a fifteen day countdown to ICD-10...! Some resources:***

- BHACA Blog summary/overview: <http://bhacablog.weebly.com/blog/o-to-60mph-on-icd-10-a-road-map-for-behavioral-health-clinicians>
- Centers for Medicare & Medicaid Services (CMS): <https://www.cms.gov/Medicare/Coding/ICD10/index.html?redirect=/ICD10>
- **Consider joining a CMS call on September 24<sup>th</sup> regarding Medicare Quality Reporting Programs and 2017 Payment Adjustments:**  
**About:** Join CMS experts for the [September 24 MLN Connects® National Provider Call](#) to hear guidance and instructions on how individual eligible professionals (EPs) and group practices can avoid the 2017 Physician Quality Reporting System (PQRS) negative payment adjustment, satisfy the clinical quality measure component of the Medicare Electronic Health Record Incentive Program, earn an incentive based on performance, and avoid the automatic 2017 downward payment adjustment under the Value-Based Payment Modifier.  
**Title:** Medicare Quality Reporting Programs: 2017 Payment Adjustments  
**Date:** Thursday, September 24  
**Time:** 12:30pm – 2:00pm CDT  
**Register:** To participate, visit the [registration page](#).

### **BHACA: Outcome-Based Evaluation**

- ***BHACA Blast #45: Featured Outcome Measure – [The Modified Checklist for Autism in Toddlers \(M-CHAT\)](#)***

**The Modified Checklist for Autism in Toddlers (M-CHAT)** is a 2-stage parent-report screening tool to assess risk for Autism Spectrum Disorder. This autism screening tool designed to identify children 16 to 30 months of age who should receive a more thorough assessment for possible early signs of autism spectrum disorder or developmental delay.

- **For which populations/age(s) is the M-CHAT appropriate?**  
The target population for the M-CHAT is children 16 – 30 months old. The American Academy of Pediatrics (AAP) suggests that all children should be screened for autism at 18 and 24 months of age and the M-CHAT is one of their recommended tools.
- **How is the M-CHAT administered?**  
The M-CHAT can be administered and interpreted by a trained healthcare professional. Parents are asked a series of 20 questions about their child's behavior. The child is then scored as either low, medium or high-risk for autism. It is important to remember that the M-CHAT is a screening tool and thus, detects many false-positives; screening positive on the M-CHAT is not a diagnosis for autism spectrum disorder. Follow-up questions for the M-CHAT are available and are useful in helping to separate out false-positives, who may be at risk for other developmental disorders.
- **Is the M-CHAT proprietary?**  
No! You can obtain a print version of the M-CHAT [here](#). For more information on the M-CHAT and to take the online version, please [click here](#).

- ***Health systems make gains, bit by bit, with analytics:*** “Use of analytics by large hospitals and health systems is on the rise, and should continue to grow -- although ‘perhaps not as dramatically or rapidly’ as some might hope, according to a new Deloitte survey of CIOs and CMIOs.” Read more: [click here](#).

**Additional Items of General Interest:**

- **Latest Behavioral Health Data from SAMHSA** – SAMHSA has just released *Behavioral Health Trends in the United States: Results from the 2014 National Survey on Drug Use and Health*. To access the report, please [click here](#).

**About BHACA:** The Behavioral Health Affordable Care Act (BHACA) Initiative is a major collaborative endeavor of the Network of Behavioral Health Providers (NBHP) and Mental Health America of Greater Houston (MHA) designed to support Greater Houston area mental health and substance use providers in responding to the Patient Protection and Affordable Care Act and other recent healthcare reforms across four domains: (1) enhancing and increasing the delivery of integrated health care (IHC), (2) maximizing third party funding streams revenue, (3) adopting certified electronic health record (EHR) systems, and (4) developing outcome-based evaluations. The BHACA Initiative is generously funded by Houston Endowment Inc., The Meadows Foundation the United Way of Greater Houston Community Response Fund and the Rockwell Fund.