

Dear BHACA Community,

It's hard to believe it's already February! We're gearing up for a busy BHACA month!

**BHACA Blast #54 Headlines:**

***THIS FRIDAY – BHACA Event: Integrated Primary Care Behavioral Health Networking Group of Greater Houston***

*Please join us for a peer networking group for clinicians, students, and administrators to support each other toward Primary Care and Behavioral Health Integration. **Dr. Stacy Ogbeide, founder of the networking group, will be joining us to facilitate the meeting!** **Dr. Ogbeide is now on faculty at the UT Health Science Center San Antonio, so we're excited about this opportunity to see her and learn from her once again in Houston!***

**Topic:** Tools for training your primary care and behavioral health providers on behavioral medicine issues

**Date:** Friday, February 5, 2016

**Time:** 2:30pm to 4:00pm

**To Learn More and to RSVP:** [Click here](#)

***YOU LOVED HIM FOR HIS DSM-5 TRAININGS...NOW JOIN US FOR A NEW PRESENTATION FROM THE AMAZING DR. JOEL CARR! LAST CHANCE TO REGISTER.***

***BHACA Event: Clinician's Roundtable: DSM-5 Personality Disorders: The Current Approach and Alternative Model with Dr. Joel Carr, Ph.D., LCSW, LPC.***

**Location:** The Harris Center for Mental Health and IDD Services (9401 Southwest Freeway, Houston, TX 77074)

**Date & Time:** Friday, February 12, 2016, Registration and Lunch: 11:30 am to 12:30 pm, Presentation: 12:30 pm to 4:30 pm

**CEU Credit and Cost:** Four hours, \$40 for members of the Network of Behavioral Health Providers, \$60 for nonmembers

**Honoring Our Collaborators:** Thanks to The Harris Center for working with the BHACA team to make this training possible and thanks to Beacon Health Options for graciously providing lunch!

**Reserve your spot and lunch:** <http://bit.ly/CliniciansFeb2016>

The BHACA Team

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## **BHACA: Integrated Health Care (IHC)**

- ***New Study – Psychiatrists Happy Practicing Integrated Care*** – A new study, published in December in *Psychiatric Services*, surveyed 52 psychiatrists working in diverse settings. The study found that “psychiatrists working in integrated care teams report high satisfaction with their work, noting that a collaborative care model allows them to leverage their expertise to reach a large number of patients in a variety of practice settings.” To read more about the study and its results, please [click here](#).
- ***Bill in Committee – Behavioral Health Care Integration Act of 2016*** – H.R. 4388, the Behavioral Health Care Integration Act of 2016, is currently in committee in the U.S. House of Representatives. If passed, the bill would authorize a grant program for primary and behavioral health care integration. To read the text of the bill, please [click here](#).
- ***New Brief from National Academy for State Health Policy (NASHP) – Using Peers to Support Physical and Mental Health Integration for Adults with Serious Mental Illness*** – Trained peer support specialists are well-positioned to bridge the gap between physical and behavioral health services for people with serious mental illness (SMI) as part of a whole-person, recovery-oriented system of care. This brief from NASHP provides an overview of the use of peer supports in state mental health systems and offers examples of the emerging use of these non-clinical staff as part of an integrated care approach. To read the brief, please [click here](#).
- ***Reminder – TOMORROW – Webinar from SAMHSA-HRSA Center for Integrated Health Solutions – Critical Skills for Activating Self-Management***

**Date & Time:** Thursday, February 4, 1:00 PM Central time

**To Register:** [Click here](#)

**Presenters:** Sue Bergeson, Vice President of Consumer Affairs, Optum Health; Larry Fricks, Deputy Director, Center for Integrated Health Solutions

**Description:**

It is difficult for people to improve their health unless they recognize the benefits of change and are dedicated to achieving new milestones. As a provider of integrated primary and behavioral health services, your job involves helping people to identify their personal motivation and health goals. Join this webinar to learn the key steps to activating self-management, particularly for chronic conditions, among the people you serve. Hear from two pioneers working to build provider competency in activation of self-management about the skills you will need to start and sustain health behavior with your consumers. After this webinar, participants will:

- Understand the importance of tapping into individual strengths and motivation to set person-centered health goals
- Recognize the key skills needed to support activation of self-management
- Gain resources and references for additional information on activation of self-management

- **Reminder – Next Tuesday – Webinar from the Collaborative Family Healthcare Association – Score, Connect, and Nurture: Integrating ACEs (Adverse Childhood Experiences) into a Primary Care Practice**

**Date & Time:** Tuesday, February 9, 1:30 PM Central time

**To Register:** [Click here](#)

**Description:**

The connection between Adverse Childhood Experiences (ACEs) and subsequent health and psychosocial issues has been well established. Despite research supporting the importance of integrating such knowledge into clinical care, clinicians and busy practices may struggle with how to use this information to better care for their patients. This presentation will focus on exploring a pilot clinical and research project assessing ACEs and intervening with families. While examining the multidisciplinary collaboration, the presenters will provide insight into implementation of ACEs assessment and intervention, which can be adapted in one's own setting.

**BHACA: Choosing a Certified Electronic Health Record System**

- **Reminder – Webinar – SAMHSA EHR "Boot Camp" Webinar Series**

**Presented by:** SAMHSA

**Description:** This series is designed to help behavioral health leaders increase their understanding of electronic health records (EHRs) and prepare to implement EHR systems within their organizations. Participants will learn about the benefits of EHRs and have the opportunity to get their questions answered and concerns addressed alongside other substance use and mental health treatment leaders. Health information technology experts will offer step-by-step instructions to participants to help them navigate the planning, implementation and go live stages of EHR adoption, and problem solve the barriers to successful implementation.

SAMHSA's EHR Boot Camp Series consists of six one-hour sessions that will take place each consecutive Wednesday from February 10 – March 16, 2016 at 3pm ET (2pm Central time). Each weekly session will present fundamental considerations and resources to guide the EHR decision-making and implementation process.

1. February 10th: Importance and value of EHRs – What are the real benefits?
2. February 17th: Assessing agency needs and capacity – Do I really need an EHR?
3. February 24th: EHR implementation – How do I get there from here?
4. March 2nd: EHR testing and training – Preparing to go live!
5. March 9th: Privacy and security – How do HIPAA and 42 CFR Part 2 apply to EHRs?
6. March 16th: Preparing for success – EHR implications for operations and outcomes.

By completing this one-time registration, you will be registered for the entire six-week series.

**To Register:** [Click here](#)

- **Use and Benefits of an EHR and Mental Health Software** – Providers of behavioral health care and addiction treatment today face a critical problem: how to best manage information to improve care and patient safety, while protecting patient

rights and privacy. Mental health care plays a role in the health care industry's massive transformation to better manage patient health information. Using electronic health records helps you to both manage health care information as well as state and federal government regulations. To read, please [click here](#).

- ***EHR adoption in behavioral health: Less a matter of “if” than of “how”*** – There are a bevy of beneficial and documented reasons for behavioral health providers to implement an electronic health record (EHR) – the most notable is the increased productivity EHRs provide. The problem has been justifying these benefits when weighed against costs in both time and money. As a result, most institutions have opted to stay with inefficient paper records—but times are changing. In the near future, they may no longer have a choice when it comes to implementing an EHR. The question will be less about “if,” but “how” and “how fast.” To read, please [click here](#).
- ***Adoption of Certified Electronic Health Record Systems and Electronic Information Sharing in Physician Offices: United States, 2013 and 2014*** – About 15% of physicians with a certified EHR system electronically shared patient information with home health, long-term care, or behavioral health providers. To read, please [click here](#).

### **BHACA: Maximizing Third Party Funding Streams Revenue—Resources Related to Insurance Billing and Credentialing**

- ***Webinar: Patient Attribution & Financial Benchmarking***  
**Date & Time:** Tuesday, February 9, 11:00 AM Central time  
**To Register:** [Click here](#)  
**Description:** This webinar will discuss the release of draft white papers for public comment from the Population-Based Payment (PBP) Work Group, highlighting two main issues: patient attribution and financial benchmarking. Work Group Co-chair Dana Gelb Safran and sprint leaders Amy Nguyen Howell and Michael Chernew will describe patient attribution, the method by which patient populations are assigned to providers who are accountable for total cost of care and quality outcomes for their designated populations in a PBP model. The panel will also illustrate the ways payers adopting PBP models can use financial benchmarking to improve accountability, compare performance across sites and over time, and reward high-performing providers.
- ***Paying Providers for Value: The Path Forward*** – This *Health Affairs* blog post describes the recently released *Alternative Payment Model (APM) Framework White Paper* and highlights the importance of delivering high-quality, cost-effective, person-centered health care. To read the blog post, please [click here](#).

For additional information on the *APM Framework White Paper*, you may access the [paper itself](#) or its [addendum](#) (including several case studies), view a [recorded webinar](#) from January 12, or access the [slides](#) from the 1/12 webinar.

**About BHACA:** The Behavioral Health Affordable Care Act (BHACA) Initiative is a major collaborative endeavor of the Network of Behavioral Health Providers (NBHP) and Mental Health America of Greater Houston (MHA) designed to support Greater Houston area mental health and substance use providers in responding to the Patient Protection and Affordable Care Act and other recent healthcare reforms across four domains: (1) enhancing and increasing the delivery of integrated health care (IHC), (2) maximizing third party funding streams revenue, (3) adopting certified electronic health record (EHR) systems, and (4) developing outcome-based evaluations. The BHACA Initiative is generously funded by Houston Endowment Inc., The Meadows Foundation the United Way of Greater Houston Community Response Fund and the Rockwell Fund.