

Dear BHACA Community,

BHACA Blast #53 Headlines:

BHACA Event: Integrated Primary Care Behavioral Health Networking Group of Greater Houston

*Please join us for a peer networking group for clinicians, students, and administrators to support each other toward Primary Care and Behavioral Health Integration. **Dr. Stacy Ogbeide, founder of the networking group, will be joining us to facilitate the meeting! Dr. Ogbeide is now on faculty at the UT Health Science Center San Antonio, so we're excited about this opportunity to see her and learn from her once again in Houston!***

Topic: Tools for training your primary care and behavioral health providers on behavioral medicine issues

Date: Friday, February 5, 2016

Time: 2:30pm to 4:00pm

To Learn More and to RSVP: [Click here](#)

BHACA Event: Clinician's Roundtable: DSM-5 Personality Disorders: The Current Approach and Alternative Model with Dr. Joel Carr, Ph.D., LCSW, LPC.

Location: The Harris Center for Mental Health and IDD Services (9401 Southwest Freeway, Houston, TX 77074)

Date & Time: Friday, February 12, 2016, Registration and Lunch: 11:30 am to 12:30 pm, Presentation: 12:30 pm to 4:30 pm

CEU Credit and Cost: Four hours, \$40 for members of the Network of Behavioral Health Providers, \$60 for nonmembers

Honoring Our Collaborators: Thanks to the Harris Center for working with the BHACA team to make this training possible and thanks to Beacon Health Options for graciously providing lunch!

Reserve your spot and lunch: <http://bit.ly/CliniciansFeb2016>

The BHACA Team

Marion Coleman, NBHP Executive Director (nbhp.marion@gmail.com)

Alejandra Posada, MHA IHC Program Director (aposada@mhahouston.org)

Tracey Greenup, Program Manager (nbhp.tracey@gmail.com)

Lauren Pursley, Program Coordinator (lpursley@mhahouston.org)

NBHP website – www.nbhp.org

MHA website – www.mhahouston.org

BHACA: Integrated Health Care (IHC)

- ***January eSolutions on Integrated Care for Veterans*** – The latest edition of the Center for Integrated Health Solutions' online newsletter, *eSolutions*, focuses on integrated health care for veterans. To read, please [click here](#).
- ***Webinar – Mini Guide to Screening, Brief Intervention and Referral to Treatment: An Overview of SBIRT and Resources***

Date & Time: Wednesday, January 27, 2:00 – 3:30 PM Central time

To Register: [Click here](#)

Presenter: Dr. Tracy McPherson, Senior Research Scientist, Public Health Department, NORC at the University of Chicago

Description:

The acronym “SBIRT” is being used more and more these days, which stands for Screening, Brief Intervention, and Referral to Treatment. This free webinar will provide an overview of the SBIRT model, use of validated screening tools, and a review of core components of brief intervention and referral. The presenter will also provide information on free resources and SBIRT protocols available to help you with training, implementation, and evaluation. This free education is ideal for those professionals wishing to gain a basic understanding of SBIRT and available resources, as training for professionals new to SBIRT, or as a primer before advancing to other webinars offered in this series. For other webinars in the series, please [click here](#).

- ***Webinar from SAMHSA-HRSA Center for Integrated Health Solutions – Critical Skills for Activating Self-Management***

Date & Time: Thursday, February 4, 1:00 PM Central time

To Register: [Click here](#)

Presenters: Sue Bergeson, Vice President of Consumer Affairs, Optum Health; Larry Fricks, Deputy Director, Center for Integrated Health Solutions

Description:

It is difficult for people to improve their health unless they recognize the benefits of change and are dedicated to achieving new milestones. As a provider of integrated primary and behavioral health services, your job involves helping people to identify their personal motivation and health goals. Join this webinar to learn the key steps to activating self-management, particularly for chronic conditions, among the people you serve. Hear from two pioneers working to build provider competency in activation of self-management about the skills you will need to start and sustain health behavior with your consumers. After this webinar, participants will:

- Understand the importance of tapping into individual strengths and motivation to set person-centered health goals
- Recognize the key skills needed to support activation of self-management
- Gain resources and references for additional information on activation of self-management

- ***Webinar from the Collaborative Family Healthcare Association – Score, Connect, and Nurture: Integrating ACEs (Adverse Childhood Experiences) into a Primary Care Practice***

Date & Time: Tuesday, February 9, 1:30 PM Central time

To Register: [Click here](#)

Description:

The connection between Adverse Childhood Experiences (ACEs) and subsequent health and psychosocial issues has been well established. Despite research supporting the importance of integrating such knowledge into clinical care, clinicians and busy practices may struggle with how to use this information to better care for their patients. This presentation will focus on exploring a pilot clinical and research project assessing ACEs and intervening with families. While examining the multidisciplinary

collaboration, the presenters will provide insight into implementation of ACEs assessment and intervention, which can be adapted in one's own setting.

- **Webinar – *Shaping Up Your Motivational Interviewing Skills***

Date & Time: Wednesday, February 24, 12:00 – 1:30 PM Central time

To Register: [Click here](#)

Presenter: Kate Speck, PhD, University of Nebraska Public Policy Center

Description:

School counselors, probation officers, social workers, physicians, and of course, addiction counselors are all using Motivational Interviewing as part of SBIRT implementation to promote positive change. This webinar is for any professional who wants to move their MI skills beyond the basics. Presenter Kate Speck, a member of the National SBIRT ATTC Trainers Registry and the Motivational Interviewing Network of Trainers (MINT) since 2000, will review strategies to address ambivalence about change, respond to goal conflicts, and evoke change talk. She will help you recognize when you're becoming "stuck" when using Motivational Interviewing—and what to do about it. *Learning Objectives:*

- Identify Motivational Interviewing Advanced Strategies
- Review the four processes of Motivational Interviewing: Engaging, Focusing, Evoking, Planning
- Evaluate personal skills and usefulness of Motivational Interviewing in clinical practice

BHACA: Choosing a Certified Electronic Health Record System

- **Webinar - SAMHSA EHR "Boot Camp" Webinar Series**

Presented by: SAMHSA

Description: This series is designed to help behavioral health leaders increase their understanding of electronic health records (EHRs) and prepare to implement EHR systems within their organizations. Participants will learn about the benefits of EHRs and have the opportunity to get their questions answered and concerns addressed alongside other substance use and mental health treatment leaders. Health information technology experts will offer step-by-step instructions to participants to help them navigate the planning, implementation and go live stages of EHR adoption, and problem solve the barriers to successful implementation.

SAMHSA's EHR Boot Camp Series consists of six one-hour sessions that will take place each consecutive Wednesday from February 10 – March 16, 2016 at 3pm ET (2pm Central time). Each weekly session will present fundamental considerations and resources to guide the EHR decision-making and implementation process.

1. February 10th: Importance and value of EHRs – What are the real benefits?
2. February 17th: Assessing agency needs and capacity – Do I really need an EHR?
3. February 24th: EHR implementation – How do I get there from here?
4. March 2nd: EHR testing and training – Preparing to go live!
5. March 9th: Privacy and security – How do HIPAA and 42 CFR Part 2 apply to EHRs?
6. March 16th: Preparing for success – EHR implications for operations and outcomes.

By completing this one-time registration, you will be registered for the entire six-week series.

To Register: [Click here](#)

- **Article – “Meaningful use will likely end in 2016, CMS chief Andy Slavitt says”** – The meaningful use program is on the cusp of major changes, the Centers for Medicare and Medicaid Services Acting Administrator Andy Slavitt said late Monday, adding that 2016 would likely see the end of the program altogether. To view the article, please [click here](#).
- **Article – “209,000 organizations to pay Medicaid penalties for missing meaningful use requirements”** – Despite officials this week signaling the end of the meaningful use program, more than 200,000 eligible providers will see a 2 percent cut in their Medicaid payments in 2016 for failing to meet standards in 2014, recent Centers for Medicare and Medicaid Services data show. To view the article, please [click here](#).

BHACA: Maximizing Third Party Funding Streams Revenue—Resources Related to Insurance Billing and Credentialing

- **Webinar (TOMORROW)- Medicare/Medicaid Basics for Mental Health Professionals**

Date & Time: Thursday, January 21, 2016, 1:00 PM Central time

Presented by: Christine Adkins, MSW, CPRP

Description: This training focuses on the basics of Medicare as it relates to behavioral health beneficiaries. Topics include Medicare eligibility for behavioral health consumers, Medicare/Medicaid and how the two work together to provide insurance coverage. A detailed explanation of how both the over and under 65 year old population can qualify for Medicare. The session will help “front line” staff understand how to best assist mental health consumers with their Medicare and/or Medicaid coverage. They will provide information on how to access Medicare extra help programs, work with “dual eligible” beneficiaries and how to assist consumers in finding affordable prescription drug coverage. This session will cover the staff requirements/eligibility to bill Medicare.

To Register: [Click here](#)

- **Extension of deadline for Medicaid re-enrollment Extension of deadline for Medicaid re-enrollment:** The Centers for Medicare and Medicaid Services (CMS) recently announced that the previous March 24, 2016 deadline for Medicaid provider re-enrollment is extended to Sept. 25, 2016. Though this extension gives states additional time to ensure providers comply with Patient Protection and Affordable Care Act (PPACA) requirements, Texas Medicaid encourages all providers who have not yet submitted a re-enrollment application to begin this process immediately to avoid potential payment disruptions. Additional information will be announced in the coming weeks to assist providers who are working on the re-enrollment process.

- ***Alternative Payment Model (APM) Framework White Paper*** – The Health Care Payment Learning & Action Network (HCPLAN) has released the final version of its APM Framework White Paper. To read the White Paper, please [click here](#). According to HCPLAN communications about the white paper, “Today’s release of the Alternative Payment Model (APM) Framework White Paper defines payment model categories and establishes a common framework and a set of conventions for measuring progress in the adoption of APMs, which are methods of rewarding health care providers based on the quality and coordination of the care they provide.

“APMs are important mechanisms for delivering high-quality, cost-effective, person-centered health care. In the APM Framework, all payments to health care providers fall within one of four categories. Providers are encouraged to move to categories that offer greater quality and value. As they do, they will experience increased accountability for both quality of care and total cost of care, with a greater focus on population health management (as opposed to payment for specific services).

“The White Paper marks an important milestone in the LAN’s progress to advance the adoption of new and innovative health care payment models that promise to improve the quality of health care for all Americans, while also reducing its cost,” said Sam R. Nussbaum, MD, chair of the LAN’s Alternative Payment Model Framework and Progress Tracking (APM FPT) Work Group, which developed the White Paper.”

- ***Webinar - Outcomes will Determine Income: The Impact of Shifting Reimbursement on Behavioral Health***

Date & Time: Wednesday, January 27, 2016, 12:00 PM Central time

Presented by: Dr. Bill Bithoney

Description:

Dr. Bill Bithoney will review the tectonic shifts in reimbursement for Behavioral Healthcare under the Affordable Care Act. He will also discuss the clinical requirements which insurers and CMS are putting in place in order for BH organizations to receive reimbursement for the care they provide. In the future, insurers will only pay for care which is “evidence based.” Of interest and import is that there is a strong movement afoot to pay for proven telemedicine-based care as well as computerized interventions based in cognitive behavioral therapy. Dr. Bithoney will also discuss the movement to so-called “Value Based Care” wherein patient outcomes and measured quality metrics will have a major impact on provider payment and overall income. In this webinar, Dr. Bithoney will also review the recent increase in merger and acquisition activity in the field.

To Register: [Click here](#)

- ***Article – “Medicaid managed care plans may get financial boost to cover addiction treatment”*** – For decades, if someone on Medicaid wanted to get treatment for drug or alcohol addiction, they almost always had to rely solely on money from state and local sources. Now the federal government is considering chipping in, too. The agency that governs Medicaid is proposing to cover 15 days of inpatient rehab per month for anyone enrolled in a Medicaid managed care plan, but critics say 15 days isn't long enough. To view the article, please [click here](#).

- **Article – “Aetna becomes second major insurer to leave America’s Health Insurance Plans”** – Aetna will leave America's Health Insurance Plans, becoming the second major insurer to leave the industry's largest trade group, according to a statement from the insurer. To view the article, please [click here](#).

BHACA: Additional Items of General Interest

- **HHS 2015 Year-in-Review Summary for Behavioral Health** – Department of Health and Human Services Secretary Sylvia Mathews Burwell recently published a summary of key behavioral health accomplishments from 2015. While not a comprehensive list of all that the Administration accomplished in the past year, the summary highlighted progress in many important areas including enforcing parity, integrating care, and developing the behavioral health workforce. To read the summary, please [click here](#).

About BHACA: The Behavioral Health Affordable Care Act (BHACA) Initiative is a major collaborative endeavor of the Network of Behavioral Health Providers (NBHP) and Mental Health America of Greater Houston (MHA) designed to support Greater Houston area mental health and substance use providers in responding to the Patient Protection and Affordable Care Act and other recent healthcare reforms across four domains: (1) enhancing and increasing the delivery of integrated health care (IHC), (2) maximizing third party funding streams revenue, (3) adopting certified electronic health record (EHR) systems, and (4) developing outcome-based evaluations. The BHACA Initiative is generously funded by Houston Endowment Inc., The Meadows Foundation the United Way of Greater Houston Community Response Fund and the Rockwell Fund.