Dear BHACA Community,

We have one event listed below, and more in the pipeline—we hope to have you join us at one of our upcoming events!

#### BHACA Blast #29 Headlines:

- The Clinicians Roundtable of the Network of Behavioral Health Providers invites you to a continuing education opportunity, "The DSM-5: Clinical Assessment, Diagnosis, and Supervision (*Eligible for Ethics CEUs*)" presented by Joel Carr, Ph.D., LCSW, LPC, Clinical Team Leader at MHMRA of Harris County.
  Date: Friday, March 27.
  Time: 8:30am to 12:30pm.
  Location: The Montrose Center, 401 Branard St.
  Ethics CEU's: Available for social workers, LPC's, and LMFT's, as generously provided by Mental Health America of Greater Houston.
  To Register: www.nbhp.org/clinicians-roundtable.html.
- Organizational Assessment Toolkit for Primary and Behavioral Health Care Integration (OATI) Now Available on CIHS Website. Read below for more details.
- This Week's BHACA Featured Outcome Measure is The DUKE (Duke Health Profile). Please find more information below in the Outcome-Based Evaluation section.
- We want to shine a spotlight on "Minding Houston: A Legislative and Public Policy Blog by Mental Health America of Greater Houston," given the Texas legislature is in session, and the opportunities to address behavioral health and BHACA priorities through policy at the state level. *Minding Houston*, with all its great content, can be found online at https://mhahouston.wordpress.com/.

We hope your February is off to a good start.

All best,

The BHACA Team

Marion Coleman, NBHP Executive Director (nbhp.marion@gmail.com) Alejandra Posada, MHA IHC Project Director (aposada@mhahouston.org) Elizabeth Reed, Project Manager (nbhp.elizabeth@gmail.com) Jessica Cohen, Evaluation Specialist (nbhp.jessica@gmail.com) Gabynely Solis, Program Coordinator (gsolis@mhahouston.org) NBHP website – www.nbhp.org MHA website – www.mhahouston.org

### **BHACA: Integrated Health Care (IHC)**

- Organizational Assessment Toolkit for Primary and Behavioral Health Care Integration (OATI) Now Available on CIHS Website – BHACA staff have been working with the integrated health care subgroup of Region 3's 1115 Waiver Learning Collaborative to utilize the Organizational Assessment Toolkit for Primary and Behavioral Health Care Integration (OATI) with organizations implementing integrated health care. The toolkit was developed by the SAMHSA-HRSA Center for Integrated Health Solutions (CIHS) in collaboration with Ken Minkoff (ZiaPartners, Inc.) and David Lloyd (MTM Associates, LLC). A few months ago, BHACA and the 1115 Learning Collaborative offered a webinar on the OATI by Dr. Ken Minkoff. BHACA staff and Harris Health System Wavier Team staff also offered a workshop on the OATI at Region 3's December Learning Collaborative meeting; for materials from that workshop, please click here. Until last month, the toolkit was not yet officially published. We are happy to share the news that it has now been officially published on the CIHS' website here. On that webpage, you will find links to the various pieces of the OATI as well as to a webinar about the OATI by Dr. Minkoff. If you have any questions about the OATI or how to utilize it with your organization, please let us know!
- Institute for Research, Education, & Training in Addictions (IRETA) Webinar – Implementing Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Health Centers: Examples from the Field Date & Time: Wednesday, February 18, 2:00 – 3:30 PM Central time (1:00 – 2:30 PM Mountain time)

#### For More Information and to Register:

http://hospitalsbirt.webs.com/health-centers-sbirt Description:

Do you want to implement SBIRT in your Health Center, but not sure where to start? This webinar will discuss various SBIRT implementation models, barriers, and facilitators to implementing and sustaining SBIRT in health centers of varying sizes. Experts from different health centers across the United States and other experienced professions will discuss their lessons learned.

 Patient-Centered Primary Care Collaborative (PCPCC) National Briefing – Integrating Primary Care into Behavioral Health Settings Date & Time: Thursday, February 26, 12:00 – 1:00 PM Central time (11:00 AM – 12:00 PM Mountain time) For More Information, click here. Description: This webinar will focus on the Milbank Memorial Fund's latest publication on the integration of primary care into behavioral health settings. The report, shared in a previous Tuesday e-mail, is available <u>here</u>.

• The National Council has published two new business cases, The Business Case for Mental Health and Substance Use Disorder Treatment— these cases outline straightforward, cost-saving solutions to America's behavioral health needs by closing the gap between those needing behavioral health care and those receiving it. By better integrating medical and behavioral health care and expanding the use of evidence-based practices to coordinate care, providers can treat mental illnesses and addictions, as well as chronic medical conditions. Read both business cases here.

## BHACA: Choosing a Certified Electronic Health Record System

• *"CMS Signals an Ease to Meaningful Use Reporting"* as reported by *HealthcareITNews*. To read more, <u>click here</u>.

#### <u>BHACA: Maximizing Third Party Funding Streams Revenue—Resources</u> <u>Related to Insurance Billing and Credentialing</u>

• All Medicare Behavioral Health Providers: Please read-up on the *Physician Quality Reporting System (PQRS)* that came out of the Patient Protection and Affordable Care Act. The name is deceptive, as "physician" also includes licensed clinical social workers (LCSW's), for example. Those providers that do not participate and report on outcomes in 2015 will begin to see penalties assessed in Medicare reimbursement during 2017. Read more here: www.psychiatry.org/practice/managing-a-practice/medicare/physician-quality-reporting-system-pqrs.

### **BHACA: Outcome-Based Evaluation**

• The third report describing NQF's 2013-2015 measure evaluation projects for Behavioral Health measures is now available. The multi-phase project is aimed at endorsing measures of accountability for improving the delivery of behavioral health services and achieving better behavioral health outcomes for the U.S. population. Phase 3, detailed in the report, examines measures of tobacco use, alcohol and substance use, psychosocial functioning, ADHD, depression, and health screening and assessment for people with serious mental illness (SMI). For more information and to read full report visit

http://www.qualityforum.org/Behavioral\_Health\_Endorsement\_Maintenance.a spx

• BHACA Blast #29: Featured Outcome Measure – The DUKE (Duke Health Profile)

#### • What is the DUKE?

The DUKE is a 17-item questionnaire that was derived from the 63-item Duke-UNC Health Profile instrument. The Duke Health Profile (The Duke) is used as a brief technique for measuring health as an outcome of medical intervention and health promotion.

#### • What does it measure?

The DUKE contains six health measures and four dysfunction health measurements. The health measures include:

- 1. Physical
- 2. Mental
- 3. Social
- 4. General
- 5. Perceived health
- 6. Self-esteem

The dysfunction health measures include:

- 1. Anxiety
- 2. Depression
- 3. Pain
- 4. Disability

For an example of the DUKE, please click here.

- **For which populations/age(s) is the DUKE appropriate?** The DUKE is only for adults 18 years or older.
- **How long does the DUKE take to complete?** The DUKE takes approximately five minutes to complete.
- **How is it administered?** The DUKE can be self-administered or interviewer-administered.

# • Can I get the DUKE in other languages?

The DUKE has been translated into 10 languages: Chinese, Dutch, French, German, Italian, Norwegian, Polish, Spanish (Castilian), Spanish (Latin-American), and Swedish.

#### • A note about BHACA's Featured Outcome Measures

Our intention is to expand awareness of and knowledge about existing outcome measures within the BHACA community. In featuring a measure, we do not mean to endorse it as the right fit for your practice, because the appropriateness of a measure for any one behavioral health practice must be evaluated with that specific practice in mind. We hope you enjoy our featured outcome measures section.

#### **BHACA: Additional Items of General Interest**

- *More Accountable Care Organizations (ACOs) look to behavioral health* – To help primary care teams across the country find the best ways to address whole person health, the Institute for Healthcare Improvement has launched its initiative to optimize primary care teams to meet medical and behavioral needs. The 12-month collaborative with the MacColl Center for Healthcare Innovation is scheduled to begin this year and will use education to help participating organizations redefine the roles of primary care to create highly functional, multi-disciplinary teams that address patients physical and mental health needs. Read the full article here.
- Behavioral Healthcare Panel Series—2015 Business Trends in Mental Health, Addiction and Eating Disorder Treatment
  Location, Date & Time: Austin, Texas, Thursday, February 19—11:00 AM-1:00 PM Central Time
  For More Information and To Register: Click Here
  Description: Join <u>Behavioral Healthcare: The Business of Treatment and</u> <u>Recovery</u> for lunch and a panel discussion with experts from the Austin community and around the country who will discuss trends in marketing, technology, and reimbursement that providers can leverage to provide a solid financial foundation that allows them to continue to offer—and even expand clinical services to people with mental health, eating disorders, and/or substance use issues.

**About BHACA**: The Behavioral Health Affordable Care Act (BHACA) Initiative is a major collaborative endeavor of the Network of Behavioral Health Providers (NBHP) and Mental Health America of Greater Houston (MHA) designed to support Greater Houston area mental health and substance use providers in responding to the Patient Protection and Affordable Care Act and other recent healthcare reforms across four domains: (1) enhancing and increasing the delivery of integrated health care (IHC), (2) maximizing third party funding streams revenue, (3) adopting certified electronic health record (EHR) systems, and (4) developing outcome-based evaluations. The BHACA Initiative is generously funded by Houston Endowment Inc., The Meadows Foundation the United Way of Greater Houston Community Response Fund and the Rockwell Fund.