

Dear BHACA Community,

BHACA Blast #20 Headlines:

➤ **Register: BHACA Webinar—Get Paid: Financing Integrated Health Care in Texas**

Date & Time: Thursday, October 9, 2014, 12:30pm – 1:30pm CST

Speaker: Kathleen (Kathy) Reynolds, LMSW, ACSW, Vice President for Health Integration and Wellness with The National Council for Behavioral Health

To Register: <https://www2.gotomeeting.com/register/833958354>

Description: The [SAMHSA-HRSA Center for Integrated Health Solutions \(CIHS\)](#) has updated a [chart of state-specific billing codes](#) (including E&M, HABI, Alcohol and Substance Use Services, SBIRT, Mental Health, and Peer Support) related to the provision of integrated health care. Reynolds will review the updated billing opportunities to “get paid” for integrated health care, and discuss trends in the generally still uncharted territory of financing integrated health care.

Related Resources: Please [click here](#) to go directly to the updated chart for billing codes for Texas related to the provision of integrated health care.

For questions please email Elizabeth at nbhp.elizabeth@gmail.com

➤ **This Week’s BHACA Featured Outcome Measure is the: **DAST-10, Drug Abuse Screen Test.**** Find more information below in the Outcome-Based Evaluation section.

All best,
The BHACA Team

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NBHP website – www.nbhp.org
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BHACA: Integrated Health Care (IHC)

- **Latest Editions of IHC-Related Newsletters –**
 - *eSolutions* from the Center for Integrated Health Solutions – “Moving Beyond Screening to Prevent Mental Illness and Substance Use” – <http://www.integration.samhsa.gov/about-us/esolutions-newsletter/e-solutions-august-2014>

- *Collaborations* from the Advancing Integrated Mental Health Solutions (AIMS) Center – Highlighting the Care Manager Role – <http://us2.campaign-archive1.com/?u=572a0dfcaff6e8a35be0ffb5c&id=354fa25e73&e=a99c70362e>
- **Webinar – How to Integrate Primary Care into a Behavioral Health Setting: Lessons Learned from the SAMHSA Primary and Behavioral Health Care Integration Program**
Date & Time: Friday, September 26, 12:30 p.m. CST
To Register: <https://goto.webcasts.com/starthere.jsp?ei=1043237>
 Join this webinar to gain practical tips and hear lessons learned from SAMHSA Primary and Behavioral Health Care Integration (PBHCI) grantees – behavioral health organizations who have taken on the task of integrating primary care into their services – and what outcomes they have already achieved.
- **Webinar from Collaborative Family Healthcare Association (CFHA) – Integrating Behavioral Health into Primary Care: An Overview**
Date & Time: Wednesday, October 8, 2014, 11:00 AM Central time (10:00 AM Mountain time)
To Register: <http://www.cfha.net/?page=Webinars>
 The Primary Care Behavioral Health (PCBH) model is a rapidly expanding model of integrating behavioral health care into the medical environment. The presentation will describe the PCBH model, explain how it works in the clinical setting, and provide information on its effectiveness.
- **Three Videos** – two on integrated care, one on SBIRT (which works well in many integrated care settings) – may be of interest:
 - **From the Substance Abuse and Mental Health Services Administration (SAMHSA) – “Behavioral Healthcare Integration”** – <https://www.youtube.com/watch?v=i2s1zotwLJ8>
 - **From the Institute for Education, Training, & Research in Addictions (IRETA) – “What is SBIRT?”** – <https://www.youtube.com/watch?v=AlCwaoufStg&feature=youtu.be>
 - **From the Center for Integrated Health Solutions (CIHS) – “What is Integrated Care?”** – <https://www.youtube.com/watch?v=CWDUPsH6x2s>

BHACA: Choosing a Certified Electronic Health Record System

A thought-leader in Health IT, the Healthcare Information and Management Systems Society (HIMSS), has made requests to Congress that, if heeded, could possibly affect you over the next 5 years.

HIMSS's requests related to:

- minimizing the disruption of federal health IT mandates

- interoperability
- clinical quality
- patient privacy and safety
- the expansion of telehealth services

Also, HIMSS requested:

- a five-year roadmap of all mandated, health IT requirements and program changes affecting patients and the operations of providers, payers and/or health IT vendors
- better coordination of health IT incentives
- better coordination of HIE funding
- better coordination of standards, clinical quality measures, and patient safety reforms
- better coordination of accountable care/payment reform

Lastly, HIMSS continued to endorse the transition to ICD-10.

- To access the article, click here.

BHACA: Maximizing Third Party Funding Streams – Insurance Credentialing and Billing & Coding Resources

- **ICD-10 and DSM-5: History, Education and Culture**
<http://www.behavioral.net/blogs/lisette-wright/icd-10-and-dsm-5-history-education-and-culture>

BHACA: Outcome-Based Evaluation

- **BHACA Blast #20: Featured Outcome Measure – DAST-10 – Drug Abuse Screen Test**
 - **What is the DAST-10?**
The Drug Abuse Screen Test (DAST-10) is a self-report measure that has been condensed from the 28-item DAST. The DAST-10 can be used in a variety of settings to provide a quick index of drug abuse problems.
 - **What does it measure?**
The DAST- 10 was designed to provide a brief instrument for clinical screening and treatment evaluation. The questions explore the patient's involvement with drugs not including alcoholic beverages over the past 12 months.
 - **For which populations/age(s) is the DAST-10 appropriate?**
The DAST-10 can be used with adults and older youth.
 - **How long does the measure take to complete?**
The DAST-10 should take no longer than 8 minutes to complete.
 - **How is it administered?**

The DAST-10 may be given in either a self-report or interview format. The self-report version is generally preferred since it allows the efficient assessment of large groups. The DAST-10 should not be administered to clients who are presently under the influence of drugs, or who are undergoing a drug withdrawal reaction.

- **Can I get the DAST-10 in other languages?**
The DAST-10 is available in English and Spanish.
- **A note about BHACA's Featured Outcome Measures**
Our intention is to expand awareness of and knowledge about existing outcome measures within the BHACA community. In featuring a measure, we do not mean to endorse it as the right fit for your practice, because the appropriateness of a measure for any one behavioral health practice must be evaluated with that specific practice in mind. We hope you enjoy our featured outcome measures section!
- **To access a growing list of measures we are compiling, along with brief summaries,** visit [BHACA's outcomes page](#) on the NBHP website.

- **Hospitals in Pursuit of Excellence (HPOE) Webinar – Making Data Meaningful: Monitoring Performance in Quality and Equity**

Date & Time: Tuesday, October 14, 2014, 2:30 p.m. - 3:30 p.m. CST

To Register: <http://www.hpoe.org/resources/hpoe-live-webinars/1672>

Description: This HPOE webinar held by the [Institute for Diversity](#) and [Symposium for Leaders in Healthcare Quality](#) highlights key lessons learned from the Disparities Solutions Center (DSC) at Massachusetts General Hospital (MGH). DSC Disparities Leadership Program alumnus CHE Trinity Health will share lessons learned, key do's and don'ts, and practical steps to get started on, and advance ongoing initiatives in, equity measurement and monitoring.

BHACA: Additional Items of General Interest

- **Substance Use and Mental Health Estimates from the 2013 National Survey on Drug Use and Health-Overview of Findings:** Provides 2013 estimates on the prevalence of substance abuse and mental illness in the U.S. Also reports on the need for and barriers to substance use treatment, mental health care, and co-occurring substance use disorders and mental illness. [Click here](#) to access the report.

About BHACA: The Behavioral Health Affordable Care Act (BHACA) Initiative is a major collaborative endeavor of the Network of Behavioral Health Providers (NBHP) and Mental Health America of Greater Houston (MHA) designed to support Greater Houston area mental health and substance use providers in responding to the Patient Protection and Affordable Care Act and other recent healthcare reforms across four domains: (1) enhancing and increasing the delivery of integrated health care (IHC), (2) maximizing third party funding streams revenue, (3) adopting certified electronic health record (EHR) systems, and (4) developing outcome-based evaluations. The BHACA Initiative is generously funded by Houston Endowment Inc., The Meadows Foundation and United Way of Greater Houston Community Response Fund.