Dear BHACA Community,

Happy March!

BHACA Blast #56 Headlines:

SAVE THE DATE! – BHACA Event: Addressing Substance Use Disorders in Primary Care: A New Frontier in Integrated Health Care
Presenter: Alicia Kowalchuk, DO, Assistant Professor, Department of Family and Community Medicine, Baylor College of Medicine
Location: 9th Floor Auditorium, GW Strake Building, St. Joseph's Medical Center (parking and walking instructions will be provided when RSVPs are received)
Date & Time: Friday, April 1, 2016, 11:30am to 1:00pm
CEU Credit and Cost: 1 hour of general CEUs available for social workers, LMFTs, LPCs, and LCDCs, as well as 1 hour of CMEs for licensed physicians. $20 for 1 hour of CEUs for members of the Network of Behavioral Health Providers and $30 for nonmembers. Credit cards, cash and checks made out to the Network of Behavioral Health Providers will be accepted at the door.
To Learn More and to RSVP: Click here

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BHACA: Integrated Health Care (IHC)

- ***Core Competencies for Behavioral Health Providers Working in Primary Care*** – The Eugene Farley Health Policy Center of the University of Colorado Medical School, supported by almost every foundation and healthcare payer in Colorado, assembled a consensus conference from across the state to create a list of the competencies that a behavioral health clinician in primary care should be expected to have. The process involved a list that took into account the previous lists that have been published in the field, several iterations of the list done by survey, and a day-long meeting to come to a working consensus. The product can be useful to foundations, payers, training programs, and practices looking for workforce. The final report is now available here.

- ***Article Regarding Proposed Changes to 42 CFR Part 2*** – The last BHACA Blast included some information about the proposed changes to the rules governing confidentiality of substance use information (42 CFR Part 2). This article from *The National Law Review* provides a thorough but relatively concise description of the proposed changes.

- ***Triple Aim Strategies to Improve Behavioral Health Care*** – This new guide from Hospitals in Pursuit of Excellence (HPOE) describes strategies, action steps and examples for hospitals, health systems and community stakeholders working together to develop a well-coordinated, accessible, affordable and accountable system for delivering behavioral health care. Case studies in the guide provide examples of how hospital and health systems, working with community partners, can improve the quality of and access to behavioral health care, while bending the cost curve and improving community health. Effectively addressing behavioral health issues in the community calls for hospitals and health systems to **integrate behavioral and physical health care services**; **build networks or partnerships with community stakeholders** (including other hospitals or health systems, clinics, social services agencies, and local and state organizations) to coordinate care; and **implement alternative payment models to sustain needed services**. This approach aligns with the Triple Aim to improve the patient experience of care (including quality and satisfaction), improve the health of populations and reduce the per capita cost of health care. To download the guide, please click here.

- ***New Resources Relevant to Substance Use Integration:***

    o **Medicines to Treat Alcohol Use Disorder** – The Agency for Healthcare Research and Quality (AHRQ) has published this new guide for patients. To access, please click here.

    o **Adolescent SBIRT Curriculum** – This curriculum from NORC at the University of Chicago and Kognito is brand new for 2016. It includes a Learner's Guide and a deck of PowerPoint slides. The materials are free but must be requested online. For more information and to request materials, please click here.

- ***Reminder – Webinar – Moving What We Know About Integration: The Integrating Behavioral Health in Primary Care Trial (IBH-PC)***
Date & Time: Tuesday, March 22, 12:00 PM Central time
Organizer: Collaborative Family Healthcare Association
Presenter: Rodger Kessler, PhD, ABPP, Associate Professor, Department of Family Medicine, University of Vermont College of Medicine; Associate Chair for Research and Evaluation, Doctorate in Behavioral Health Program, Arizona State University; Director, Collaborative Care Research Network, National Research Network AAFP
To Register: Click here
Description: This presentation will review the rationale, background and design of the IBH-PC trial recently announced for PCORI. We will discuss the research team, aims, the training and quality improvement components of the interventions and recruitment of the project. After this overview we hope to spend a good amount of time in discussion about the trial and questions it raises.

- ***Reminder – Call for Presentations – Collaborative Family Healthcare Association (CFHA) 2016 Conference*** – CFHA's annual conference will take place in Charlotte, North Carolina, on October 13 – 15, 2016; this year's conference theme is "Celebrating the Many Faces and Places of Integration." CFHA is currently accepting submissions for presentations. For more information or to submit a

presentation proposal, please click here. **Submissions will be accepted through March 14.**

BHACA: Choosing a Certified Electronic Health Record System
- *Webinar – How to Successfully Implement a Big Data Solution*
  Presented by: HIMSS
  Date & Time: Thursday, March 17, 2016, 2:00pm Central time
  To Register: Click here
  Description: Big data solutions are key to providing the new and insightful analytics that determine innovations in population management and patient engagement. The most successful solutions are driven by a partnership between technology and business and result in integration into day-to-day business operations. Learn about tools and frameworks that can help businesses achieve spectacular results.

- *Webinar – Mastering Change Management: Strategies for Success in the New Human Services Marketplace*
  Presented by: Netsmart
  Date & Time: Wednesday, March 23, 2016, 12:00pm Central time
  To Register: Click here
  Description: During this webinar, hear Hillside Family of Agencies' successful electronic health record (EHR) story and how it enhanced its status as a New York State behavioral and mental health leader. Additionally, learn how to implement effective change management strategies to stay at the forefront of the market.

- *Webinar – Addressing Healthcare Cybersecurity Strategically*
  Presented by: Healthcare IT News
  Date & Time: Wednesday, March 30, 2016, 12:00pm Central time
  To Register: Click here
  Description: Join HIMSS Analytics and Symantec Corporation as they reveal additional findings from the Healthcare IT Security and Risk Management Study and what IT security leaders can do to help their organization shift from a tactical and reactive mindset to a robust and sustainable risk-management program.

- *Population health, patient engagement platforms top healthcare purchasing plans in 2016, peer60 says:* Healthcare organizations are making big investments in population health and patient engagement platforms as they prepare to move past meaningful use and toward value-based reimbursement, according to "The Big Mega HIT Purchasing Report" released Monday by market research firm peer60.Electronic health records remain core to healthcare IT, according to the report, which gathered 567 responses from CEOs, CIOs, nursing and financial leaders and others with purchasing authority at hospitals and medical practices. However, many customers are still dissatisfied with their products. Projected EHR replacement rates for 2016 show 23 percent of health providers (inpatient and outpatient combined) planning to look for new vendors, according to peer60. To view, please click here.

BHACA: Maximizing Third Party Funding Streams Revenue—Resources Related to Insurance Billing and Credentialing

- ***HHS proposes adding behavioral health to EHR program:*** If the Department of Health and Human Services has its way, it will be adding behavioral health providers to the Electronic Health Record Incentive Programs. That category of providers includes psychiatric hospitals; community mental health centers; residential and outpatient mental health and substance abuse disorder treatment facilities; as well as psychologists. To view, please click here.

- ***Webinar – TOMORROW – Value-Based Payment Readiness: A Self-Assessment Tool for PCPs, FQHCs, and Behavioral Health Providers***
  Date & Time: Thursday, March 3, 12:00 PM Central time
  Organizer: Health Management Associates
  To Register: Click here
  Description: As the shift from volume-based to value-based payment accelerates, primary care providers, including Federally Qualified Health Centers (FQHCs), and behavioral health providers must make critical changes to become ready for value-based payments and ensure their financial sustainability. But what changes need to be made? There is now an online self-assessment tool that providers can use to pinpoint specific strengths and gaps in value-based payment readiness and identify core care delivery, operational, and financial capabilities and high-priority elements to implement. The assessment tool was designed by HMA and CohnReznick in partnership with the DC Primary Care Association. During this webinar, HMA experts Deborah Zahn and Mary Goddeeris, along with CohnReznick expert Peter Epp, will demonstrate how the readiness tool can help practices as they prepare themselves for value-based payments.

- ***Reminder – Webinar – TOMORROW – Reaping the Rewards of Pay for Performance: Which Model is Right for You?***
  Date & Time: Thursday, March 3, 2016, 12:00pm Central time
  To Register: Click here
  Description: Pay for performance models are designed to reimburse for positive outcomes and keep people healthy while controlling costs. So which model is best for your organization? Join this webinar to get a better understanding of multiple pay for performance models, the risk and benefit for program implementation, and how to improve your outcome measures through your electronic health record (EHR).

  Learning Objectives:
    1. Describe the risks and benefits of pay for performance models
    2. Review the most common reporting options for measuring outcomes
    3. Illustrate the clinical and financial impact of outcomes and how to capture outcomes using an EHR

- ***Paying for Behavioral Health Treatment: The Role of the Affordable Care Act:*** In September 2010, the Affordable Care Act (ACA) extended dependent care coverage to all individuals younger than age 26. The coverage expansion likely caused an increase in private insurance coverage and mental health treatment use for young adults. For mental health and substance use treatment, changes in who pays for care

can be evaluated using the Medical Expenditure Panel Survey (MEPS). To view, please click here.

- ***Patients Who Are Privately Insured Receive Limited Follow-up Services After Opioid-Related Hospitalizations:*** In 2014, more than 67 percent of Americans aged 18 to 64 had private insurance, making it the most common form of health care coverage in the United States. Data on privately insured individuals aged 18 to 64 from the 2010 to 2014 Truven Health Analytics MarketScan Commercial Claims and Encounters Database show that 40.0 percent of patients did not receive any follow-up services within 30 days following an opioid-related hospitalization. To view, please click here.

BHACA: Additional Items of General Interest

- ***Kennedy and Satcher unveil a 5-point plan:*** On the day marking his five-year continuous sobriety milestone, Kennedy relayed his own story of addiction and called for a paradigm shift in America that would transform addiction from a behavioral health issue to a public health issue. Part of the solution must be eliminating the stigma, making mental health and addiction treatment more agnostic within the delivery system, he said. To view, please click here.

About BHACA: The Behavioral Health Affordable Care Act (BHACA) Initiative is a major collaborative endeavor of the Network of Behavioral Health Providers (NBHP) and Mental Health America of Greater Houston (MHA) designed to support Greater Houston area mental health and substance use providers in responding to the Patient Protection and Affordable Care Act and other recent healthcare reforms across four domains: (1) enhancing and increasing the delivery of integrated health care (IHC), (2) maximizing third party funding streams revenue, (3) adopting certified electronic health record (EHR) systems, and (4) developing outcome-based evaluations. The BHACA Initiative is generously funded by Houston Endowment Inc., The Meadows Foundation, the United Way of Greater Houston Community Response Fund, and the Rockwell Fund.